

# the regulations

Any registration for the **ZAKOUMA SAFARI TRAIL 2021** - implies tacit acceptance of the following regulations:

## 1.1: EVENT

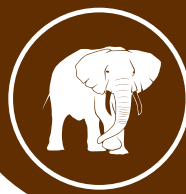
The **ZAKOUMA SAFARI TRAIL** is a long-distance cross-country race over very varied sandy or rocky desert terrain of about 160 km near the Zakouma National Park in the south of Chad.

The **ULTRA ZAKOUMA TRAIL** will be a non-stop race, in self-sufficiency and auto navigation thanks to a GPS and a paper road book. The race course is a large circuit. The Start and Finish will be at the same camp. The race will start at 7:00 am Wednesday, January 27<sup>th</sup>, 2021 and the maximum time allowed is 60 hours.

Two other races are organized to offer other distances to all interested competitors:

- The **ZAKOUMATRIL** is also a non-stop, in self-sufficiency and auto navigation thanks to a GPS race of about 80 km. The Start and Finish will be at the same camp. The race will start at 7:00 am Wednesday January 27<sup>th</sup>, 2021 and the maximum time allowed is 30 hours.
- The **ZAKOUMA MARATHON** is also a non-stop, in self-sufficiency and auto navigation thanks to a GPS race of about 40 km. The Start and Finish will be at the same camp. The race will start at 7:00 am Wednesday January 27<sup>th</sup>, 2021 and the maximum time allowed is 12 hours.

Le **ZAKOUMA SAFARI TRAIL** is organised by the SAS TRAIL AFRICA ORGANIZATION, in charge of the "Living & Race" part, in partnership with the Agency DPA VOYAGES in charge of the "Travel" part.



Programme :

- **Sunday, January 24<sup>th</sup>**: regular flight from Paris to N'Djaména. Dinner then long transfer to Tinga lodge with private minibus.
- **Monday, January 25<sup>th</sup>**: arrival in the afternoon, night spent at the basecamp.
- **Tuesday, January 26<sup>th</sup>**: a rest day for competitors devoted to preparations of their bags and the training in the use of GPS, satellite tags debriefings about the race and about the medical team will also take place before the last meal before the race.
- **Wednesday January 27<sup>th</sup> to Thursday January 28<sup>th</sup>**: start of all the races the **ULTRA ZAKOUMA**, the **ZAKOUMA TRAIL** and the **ZAKOUMA MARATHON**. The competitors who have already arrived will have 4x4 cars do game drive in Zakouma Park or follow the remaining competitors of the long races.
- **Friday January 29<sup>th</sup> Saturday January 30<sup>th</sup>**: a day dedicated to the recovery of the competitors and visits of the Zakouma Park vistas around our basecamp with 4x4 vehicles, game drive.
- **Sunday January 31<sup>st</sup>**: long transfer by minibus to N'Djaména. Dinner in N'Djaména. Rest day in the hotel with swimming pool. Closing dinner - Transfer to the airport at 22:00 pm. Flight back to Paris (for those who choose the departure from Paris).
- **Tuesday, February 2<sup>nd</sup>**: arrival at Paris Charles de Gaulle (11:00 am).

## 1.2: PARTICIPATION

The **ULTRA ZAKOUMA TRAIL** is open to any person, man or woman, born in 2003 or before, licensed or not, with an experience of long distance trail race (> 80 km) strongly advised.

The **ZAKOUMA TRAIL** is open to any person, man or woman, born in 2003 or before, licensed or not, with an experience of trail race (> 40 km) strongly advised.

The **ZAKOUMA MARATHON** is open to any person, man or woman, born in 2003 or before, licensed or not, with an experience of endurance race (> 21 km) strongly advised.

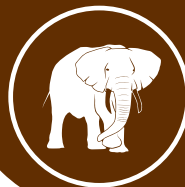
By way of derogation, those born between 2004 and 2005, will be allowed to participate in one of the races after the signing by the parents of a discharge expressly mentioning that they take full responsibility to register their minor to one of these races and they undertake to accompany the minor during all the race.

## 1.3: TRAIL IN FOOD SELF SUFFICIENCY

The individual food self-sufficiency race principle is the rule for all races of le **ZAKOUMA SAFARI TRAIL**. Along the course, refreshment zones at intervals of 20 to 30 km have been provisioned with drinking water for filling up canisters or water pouches of up to 3 liters per person.

Each rider must ensure that they have:

- at the start of the event, the amount of food it needs to reach the Finish in food self-sufficiency on the distance of the chosen race:
  - The **ULTRA ZAKOUMA TRAIL** : max 60 h is 5 000 calories required ;
  - The **ZAKOUMA TRAIL** : max 30 h is 2 500 calories required;
  - The **ZAKOUMA MARATHON** : max 12 h is 1 200 calories required;



- from each refreshment post, the amount of water which is required to reach the point of the next refreshment post and this with a minimum of 2 liters of water taken away.

No personal assistance is allowed on the course outside of Control Points (CP's) planned for that purpose. It is forbidden to be accompanied on the course by a person other than a duly registered competitor.

## 1.4: REGISTRATION CONDITIONS

The climatic conditions of the event can be difficult (night, heat, sandstorms...). A very good training and a real capacity of personal autonomy are essential to the success of such an individual adventure.

The medical certificate check-up and EKG must be sent by email to Isabelle Paucot before the December 20<sup>th</sup> 2020, at [i.paucot@le-treg.com](mailto:i.paucot@le-treg.com).

After that date, race registration will be canceled and registration fees will be lost and not reimbursable.

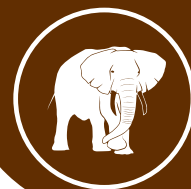
In addition, runners will have to come to the race with original and hard copy of ALL medical documentation: medical check-up + EKG + cardiac stress tests + etc. These documents will be presented to medical staff before the race.

## 1.5: ACCEPTANCE OF THE REGULATIONS

Participation in **ZAKOUMA SAFARI TRAIL** automatically entails the unconditional acceptance of the present regulations published by the organization, which can be consulted in the "Documents & Procedures" section on the website and are included in your "Registration" pack.

## 1.6: MAXIMUM NUMBER OF PARTICIPANTS

For this 2<sup>nd</sup> edition, the **ZAKOUMA SAFARI TRAIL** is limited to 40 people, runners and supporters included.



## 1.7: REGISTRATIONS

Registrations are only possible for individual runners. Supporters registrations are also available.

The registration fee is variable based on the date of the following undertaking in the following tables:

### Individual registration - from April 1<sup>st</sup> until August 31<sup>st</sup> 2020 - departure from **PARIS** (preferential tariff)

**TOTAL PRICE : 3 200 €** (broken down into a "Travel" package of 1 000 € and a "Living & Race" package of 2 200 €).

#### Deadlines:

To registration:	<b>800 €</b>	By transfer bank to Trail Africa Organization
To June 30th 2020:	<b>800 €</b>	By transfer bank to Trail Africa Organization
To Sept 30th 2020:	<b>1 000 €</b>	By transfer bank to DPA Voyages
To Dec 20th 2020:	<b>600 €</b>	By transfer bank to Trail Africa Organization

### Individual registration - from Sept 1<sup>st</sup> until Dec 31<sup>st</sup>, 2020 - departure from **PARIS** (normal tariff)

**TOTAL PRICE : 3 400 €** (broken down into a "Travel" package of 1 000 € and a "Living & Race" package of 2 400 €).

#### Deadlines:

To registration:	<b>1 600 €</b>	By transfer bank to Trail Africa Organization
To Sept 30th 2020:	<b>1 000 €</b>	By transfer bank to DPA Voyages
To Dec 20th 2020:	<b>800 €</b>	By transfer bank to Trail Africa Organization

### Individual registration - from April 1<sup>st</sup> until August 31<sup>st</sup> 2020 - departure from **N'DJAMENA** (preferential tariff)

**TOTAL PRICE : 2 350 €** (Living & Race" package).

#### Deadlines:

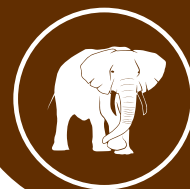
To registration:	<b>800 €</b>	By transfer bank to Trail Africa Organization
To June 30th 2020:	<b>800 €</b>	By transfer bank to Trail Africa Organization
To Dec 20th 2020:	<b>750 €</b>	By transfer bank to Trail Africa Organization

### Individual registration - from Sept 1<sup>st</sup> until Dec 31<sup>st</sup>, 2020 - departure from **N'DJAMENA** (normal tariff)

**TOTAL PRICE : 2 550 €** (Living & Race" package).

#### Deadlines:

To registration:	<b>850 €</b>	By transfer bank to Trail Africa Organization
To June 30th 2020:	<b>850 €</b>	By transfer bank to Trail Africa Organization
To Dec 20th 2020:	<b>850 €</b>	By transfer bank to Trail Africa Organization



**Individual registration** - from April 1<sup>st</sup> until August 31<sup>st</sup> 2020 - departure from **TINGA** (preferential tariff)

**TOTAL PRICE : 1 750 €** (Living & Race" package).

**Deadlines:**

To registration:	<b>600 €</b>	By transfer bank to Trail Africa Organization
To June 30th 2020:	<b>600 €</b>	By transfer bank to Trail Africa Organization
To Dec 20th 2020:	<b>550 €</b>	By transfer bank to Trail Africa Organization

**Individual registration** - from Sept 1<sup>st</sup> until Dec 31<sup>st</sup>, 2020 - departure from **TINGA** (normal tariff)

**PRIX TOTAL : 1 950 €** (Living & Race" package).

**Deadlines:**

To registration:	<b>700 €</b>	By transfer bank to Trail Africa Organization
To Sept 30th 2020:	<b>700 €</b>	By transfer bank to Trail Africa Organization
To Dec 20th 2020:	<b>550 €</b>	By transfer bank to Trail Africa Organization

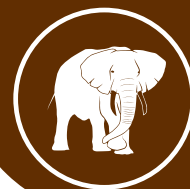
*NB : Special payment conditions are possible on demand from the organisation at [concurents@le-treg.com](mailto:concurents@le-treg.com) for registrations before the December 31<sup>th</sup> 2019.*

This price includes:

- the flights Paris – N'Djaména (and back) with the regular flight of Air France (*only for competitors registered on a departure from Paris*);
- participation in the **ZAKOUMA SAFARI TRAIL**;
- all meals during the week except your nutrition during the race;
- Accomodations in hotel and in Tinga lodge in Zakouma Park;
- 3 game drive in the Zakouma Park or following the race with 4x4 when the competitor is no longer in the race;
- satellite security tags;
- GPS and paper roadbook for navigation;
- transfers from N'Djaména to the Start of the race (and back) by minibus (except for runners which registered with departure from Tinga);
- membership in the insurance agreement signed by the race organizer for a "repatriation and medical assistance" insurance (see Section 1.26);
- the liability insurance of the organization;
- a special allocation for all finishers of the **ZAKOUMA SAFARI TRAIL**;

This price does not include:

- the entry visa for Chad (about € 70);
- taking the competitor to Roissy - Charles de Gaulle airport;
- personal expenses;
- cancellation insurance;
- anything not included in the registration.



**Supporter registration - from April 1<sup>st</sup> until August 31<sup>st</sup> 2020 - departure from **PARIS** (preferential tariff)**

**TOTAL PRICE : 2 400 €** (broken down into a "Travel" package of 1 000 €  
and a "Living & Race" package of 1 400 €).

**Deadlines:**

To registration:	<b>500 €</b>	By transfer bank to Trail Africa Organization
To June 30th 2020:	<b>500 €</b>	By transfer bank to Trail Africa Organization
To Sept 30th 2020:	<b>1 000 €</b>	By transfer bank to DPA Voyages
To Dec 20th 2020:	<b>400 €</b>	By transfer bank to Trail Africa Organization

**Supporter registration - from Sept 1<sup>st</sup> until Dec 31<sup>st</sup>, 2020 - departure from **PARIS** (normal tariff)**

**TOTAL PRICE : 2 600 €** (broken down into a "Travel" package of 1 000 €  
and a "Living & Race" package of 1 600 €).

**Deadlines:**

To registration:	<b>1 000 €</b>	By transfer bank to Trail Africa Organization
To Sept 30th 2020:	<b>1 000 €</b>	By transfer bank to DPA Voyages
To Dec 20th 2020:	<b>600 €</b>	By transfer bank to Trail Africa Organization

**Supporter registration - from April 1<sup>st</sup> until August 31<sup>st</sup> 2020 - departure from **N'DJAMENA** (preferential tariff)**

**TOTAL PRICE : 1 550 €** (Living & Race" package).

**Deadlines:**

To registration:	<b>550 €</b>	By transfer bank to Trail Africa Organization
To June 30th 2020:	<b>500 €</b>	By transfer bank to Trail Africa Organization
To Dec 20th 2020:	<b>500 €</b>	By transfer bank to Trail Africa Organization

**Supporter registration - from Sept 1<sup>st</sup> until Dec 31<sup>st</sup>, 2020 - departure from **N'DJAMENA** (normal tariff)**

**TOTAL PRICE : 1 750 €** (Living & Race" package).

**Deadlines:**

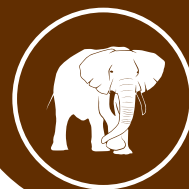
To registration:	<b>650 €</b>	By transfer bank to Trail Africa Organization
To June 30th 2020:	<b>550 €</b>	By transfer bank to Trail Africa Organization
To Dec 20th 2020:	<b>550 €</b>	By transfer bank to Trail Africa Organization

**Supporter registration - from April 1<sup>st</sup> until August 31<sup>st</sup> 2020 - departure from **TINGA** (preferential tariff)**

**TOTAL PRICE : 1 150 €** (Living & Race" package).

**Deadlines:**

To registration:	<b>400 €</b>	By transfer bank to Trail Africa Organization
To June 30th 2020:	<b>400 €</b>	By transfer bank to Trail Africa Organization
To Dec 20th 2020:	<b>350 €</b>	By transfer bank to Trail Africa Organization



**Supporter registration - from Sept 1<sup>st</sup> until Dec 31<sup>st</sup>, 2020 - departure from TINGA (normal tariff)**

**PRIX TOTAL : 1 350 €** (Living & Race" package).

**Deadlines:**

To registration:	<b>450 €</b>	By transfer bank to Trail Africa Organization
To Sept 30th 2020:	<b>450 €</b>	By transfer bank to Trail Africa Organization
To Dec 20th 2020:	<b>450 €</b>	By transfer bank to Trail Africa Organization

This price includes:

- the flights Paris – N'Djaména (and back) with the regular flight of Air France (*only for supporters registered on a departure from Paris*);
- all meals during the week;
- Accomodations in hotel during the transfer and in Tinga lodge of the Zakouma Park;
- 3 game drive in the Zakouma Park or following the race in group with 4x4 vehicles;
- transfers from N'Djaména to the Start of the race (and back) bus (except for supporters registered for a Departure to Tinga);
- membership in the insurance agreement signed by the race organizer for a "repatriation and medical assistance" insurance (see Section 1.26);
- the liability insurance of the organization;

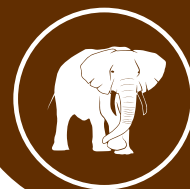
This price does not include:

- the entry visa for Chad (about € 70);
- taking the competitor to Roissy - Charles de Gaulle airport;
- personal expenses;
- cancellation insurance;
- anything not included in the registration.

Registrations are made on line at the event website [www.le-treg.com](http://www.le-treg.com), and the end of the registrations is fixed at December 20<sup>th</sup>, 2020 if the maximum number of participants has not already been reached.

The documents included in the "Registration" pack that you have chosen (Individual, Supporter) must be completed and sent back by letter to the address:

TRAIL AFRICA ORGANIZATION  
5 Avenue Marmontel  
92500 RUEIL MALMAISON  
FRANCE



They can be downloaded on [www.le-treg.com](http://www.le-treg.com).

Payment is transfer bank with the following informations:

Identification nationale						
17515		00600		08000891719		39
Domiciliation					BIC	
CE ILE-DE-FRANCE					CEPAFRPP751	
Identification internationale (IBAN)						
FR76		1751		5006		0008   0008   9171   939
Intitulé du compte						
TAO						
42 RUE ÉMILE LEBLOND						
92500 RUEIL MALMAISON						
RUEIL MALMAISON CENTRE						
						0000648

BP AQUITAINE CENTRE ATLANTIQUE				
Titulaire du compte/Account holder		<div>Ce relevé est destiné à être remis, sur leur demande, à vos créanciers ou débiteurs appelés à faire inscrire des opérations à votre compte (virements, paiements de quittances, etc.).</div> <div>Son utilisation vous garantit le bon enregistrement des opérations en cause et vous évite ainsi des réclamations pour erreurs ou retards d'imputation.</div> <div>This statement is intended for your payees and/or payors when setting up Direct debit, Standing orders, Transfers and Payment. Please use this Bank account statement when booking transactions. It will help avoiding execution errors which might result in unnecessary delays.</div>		
D'UN POINT A L'AUTRE SAS ALTEA TRIPS				
LIEU DIT LA GAUMERIE 24380 GRUN BORDAS				
Relevé d'identité bancaire / Bank details statement				
IBAN (International Bank Account Number)		BIC (Bank Identification Code)		
FR76 1090 7002 8036 0218 2736 718		CCBPFRRPBDX		
Code Banque	Code Guichet	N° du compte	Clé RIB	Domiciliation/Paying Bank
10907	00280	36021827367	18	BPACA PERIGUEUX

The medical certificate must be addressed to the organisation at the latest by the December 20<sup>th</sup>, 2020 by mail on [i.paucot@le-treg.com](mailto:i.paucot@le-treg.com) or to the following address:

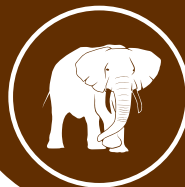
TRAIL AFRICA ORGANIZATION  
5 Avenue Marmontel  
92500 RUEIL MALMAISON  
FRANCE

Any incomplete registration file will be rejected. The entry fees include all services described in this regulation. Confirmation of proper consideration of your registration will be sent you by email as well as the proper consideration of this when you will have met all payment deadlines.

We invite you to read the particular sale conditions of our partner DPA Voyages concerning the aspects "Travel Packages".

DPA Voyages  
La Gaumerie  
24380 GRUN BORDAS





## 1.8: SPONSORSHIP

You can sponsor other competitors by making them register thanks to you. Confirmed that for each referral you are the initiator, a deduction of € 100 on your next payment date will be applied (or a refund of € 100 will be made if you have paid everything at the time of sponsorship).

A confirmed sponsorship is acquired when the sponsored competitor has paid the first instalment of their registration.

You can sponsor as many competitors as you want and this deduction is cumulative.

Each sponsored competitor will have to fulfil a sponsorship form.

## 1.9: CANCELLATION OF A REGISTRATION

If you find yourself obliged to cancel your participation in the **ZAKOUMA SAFARI TRAIL**, you must inform TRAIL AFRICA ORGANIZATION by registered letter requiring receipt to the following address:

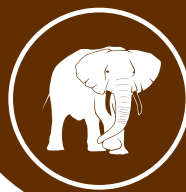
TRAIL AFRICA ORGANIZATION  
5 Avenue Marmontel  
92500 RUEIL MALMAISON  
FRANCE

The reception date of the letter by TRAIL AFRICA ORGANIZATION will be retained as cancellation date to calculate cancellation fees.

In case of cancellation, the cancellation fee will be recorded using the following scale:

- between October 1<sup>st</sup>, 2020 and December 25<sup>th</sup>, 2020, cancellation fees will be € 1 000
- between 30 and 21 days from the start, cancellation fees will be 35 % of the registration fee
- between 20 and 14 days from the start, cancellation fees will be 50 % of the registration fee
- between 13 and 5 days from the Start, cancellation fees will be 75 % of the registration fee
- less than 5 days from the start, cancellation fees will be 100 % of the registration fee

Race bibs are personalised and not transferable. No exchange of race bibs is possible.



## 1.10: EQUIPMENT FOR THE TRAIL

### 1.10.a: FOR COMPETITORS FOR ONE OF THE ZAKOUMA SAFARI TRAIL RACES

**Equipment provided by the runner:**

**Obligatory** (surprise control all around the course):

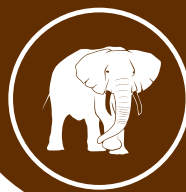
- rucksack;
- water pouch and/or gourd;
- solar protective shade;
- headgear (hats, bandanas...);
- windbreaker to the size of the runner;
- compass;
- lighter;
- knife with a 5 cm minimum metal blade;
- signaling mirror 6cm diameter;
- a whistle;
- 2 headlamps and batteries;
- 5 000, 2 500 or 1 200 calories of nutrition according to the race.

As well as the competitor's **mandatory** medical pack including:

- dressings (Mefix or Elasto or Uργο-type adhesive bandage);
- skin antiseptic;
- adhesive bandage in case of sprain, 1.50 meter to 6 or 8 cm;
- Paracetamol : 5 tablets 1 g;
- anti spasmotic: 6 tablets;
- anti diarrheal : 10 capsules;
- anti emetic (Primperan or Vogalene or Motylioc) : 6 tablets;
- sunscreen;
- 1 survival blanket 2.20 m x 1.40 m;

Although we will have these materials to each PC, it is also advisable to bring with you:

- 1 syringe 2 mL;
- 1 subcutaneous needle;
- 1 package of 5 sterile gauze;
- 1 pair of scissors;
- 1 pipette Eosin;
- cream against sunburn;
- 1 Vaseline or Bépanthène tube;
- 1 VIT A tube;
- 5 pipette physiological saline.



#### **Material provided by the organisation:**

- portable GPS with spare batteries (about 150 g);
- satellite tag (about 150 g);
- paper roadbook;
- hot water at each PC;
- tent and mattress for resting at each PC.

#### **Highly recommended:**

- protective scarf against wind-blown sand;
- protective leggings against the sand in shoes.

### **1.10.b: FOR ALL PARTICIPANT OF THE TRAVEL IN ZAKOUMA**

#### **Equipment provided by the participant:**

- head lamp;
- set of table set cutlery and bowl;
- protective scarf against wind-blown sand;
- sunscreen;
- sunglasses;
- headgear (hats, bandanas...);
- a polar vest.

## **1.11: MEDICAL CERTIFICATE**

Participation in the **ZAKOUMA SAFARI TRAIL**, an event in unusual and extreme surroundings requires, in addition to suitable training, good health at the time of participation.

The medical check-up certificate will be filled and signed by a physician, including conclusion of EKG and/or stress cardiac test according the rules:

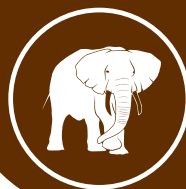
- EKG less than 2 years for all runners registered in 40Km race or aged under 40 years and for all locals runners;
- stress cardiac test less than 3 years for all runners registered in 80 or 160Km race or aged over 40 years.

The medical certificate check-up and EKG must be sent by email to Isabelle Paucot before the December 20<sup>th</sup>, 2020, at [i.paucot@le-treg.com](mailto:i.paucot@le-treg.com).

In addition, runners will have to come to the race with original and hard copy of ALL medical documentation: medical check-up + EKG + cardiac stress tests + etc.

These documents will be presented to medical staff before the race.

A good medical health condition is important before taking place to any races of the **ZAKOUMA SAFARI TRAIL**. Any chronic and/or latent diseases may get worse during the race and make difficult the care. All runners will inform medical staff of any recent or past medical history.



## 1.12: TECHNICAL AND MEDICAL CHECKS

The checks will be held Tuesday, January 26<sup>th</sup>, 2020 at the lodge Tinga of Zakouma Parc. Each competitor must present the organization with his obligatory equipment for the race and his medical kit.

Any runner who is not in possession of the totality of his obligatory equipment will be immediately disqualified, without any possibility of appeal against this decision and without reimbursement of expenses.

## 1.13: RACE BIBS

The race bib must be worn on the chest or stomach and must always be visible throughout the race. It must always be positioned over any garment and can in no way be attached to the bag or leg. The name and logo of the partners must neither be modified nor hidden.

## 1.14: SATELLITE TAG for timing and safety

During race bib distribution, a satellite tag is given to each runner to provide timing and personal safety. This should be placed as specified in the Technical Instructions. Each runner is responsible for the proper use of the tag. The runner cannot be monitored by satellite or timed in the following cases:

- not wearing a tag;
- loss of the tag;
- damage to the tag;
- improper wearing of the tag;
- voluntary extinction of the tag.

Runners commit to be there at the briefing about the tag emergency use, and to carry in their bags the tag manual during all the race.

The competitor is also clearly informed that his localization will not be known by the organizer if he stay during a long time inside a cavern or a narrow canyon. In order to be localized, a competitor must be visible by the satellites that's to say under a large sky.

It is recommended to leave nothing visible inside your yégué tent, especially mobiles phones..

## 1.15: RUNNERS' BAGS

Each participant brings their own travel bag for personal belongings (clothes, toiletries...) and if need be the bag for the race.

The total weight of your baggage must not exceed 20kg for your main bag and 5 kg for your handbag. It is recommended not to put valuables.

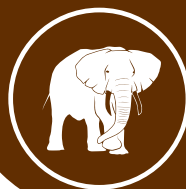
The bags are the responsibility of the participants throughout the duration of the stay. The Start/Finish bivouac will be guarded for the duration of the event.

## 1.16: POSITION CONTROL AND RESCUE POST

On the races, runners must necessarily pass through max 8 Checkpoints (PC's) situated at intervals of approximately 20 to 30 km along the course.

These checkpoints have several functions:

- they enable the water supply to the competitors (in the limit of 3 liters/person);
- they allow the competitors to rest on mattresses under cover;
- they will provide rescue and care for competitors thanks to medical equipment.



## 1.17: SAFETY AND MEDICAL AID

A medical team specialized in this type of event in a desert surroundings will be present throughout the duration.

On the course, every 20 to 30 km, the checkpoints will each have a First Aid and nursing back-up if necessary.

These posts are connected to Race Control by satellite. A medical coordinator is present throughout the duration of the race.

Emergency stations are intended to provide assistance to any person in danger within the organisation's means. The official doctors are entitled to disqualify (by invalidating the bib) any competitor unable to continue the race. Rescuers are entitled to evacuate by any means at their disposal runners they deem to be in danger.

If necessary, for reasons in the interests of the person rescued, Control will use all appropriate means for their evacuation. The costs resulting from the use of these exceptional measures will be borne by the person rescued. They will then be able to present a case to their separate personal accident insurance.

Any rider calling on a doctor, nurse or rescuer submits to their authority, and agrees to accept their decisions.

The competitor is also clearly informed that in case of extreme fatigue, his behavior and decisions can be strongly altered. He is always responsible for not reaching this state and the organizer cannot be responsible for the consequences of absurd or maladjusted decisions of the competitor.

## 1.18: CLIMATE

Average temperatures for February: 30 °C day, 10 °C night.

Exceptional climate phenomena of extreme heat (> 40 °C) may occur.

## 1.19: MAXIMUM AUTHORISED TIME AND HOUR BARRIERS

The maximum time of the event for the entire course, is depend of the race:

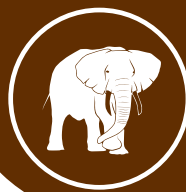
- for the **ULTRA ZAKOUMA TRAIL**: 60 hours;
- for the **ZAKOUMA TRAIL**: 30 hours;
- for the **ZAKOUMA MARATHON**: 12 hours;

Hour limits starting (time restrictions) for leaving from the checkpoints will be defined and communicated in the roadbook.

These times are calculated restrictions so that participants reach the Finish inside the maximum time imposed while making any stops (rest, care...). To be allowed to continue the race, competitors must leave the PC before the time limit (regardless of their time of arrival at the PC). Organization reserves the right to waive exceptionally these rules if special circumstances appear (runner out of time due to support to another runners, specific race conditions, etc.)

Any competitor out of the race will be repatriated by 4x4 vehicle to the Finish bivouac. Thereafter they can no longer be regarded under any circumstances as "Finisher".

In case of bad weather conditions and/or for security reasons, the organization reserves the right to cancel and/or stop event underway, or to modify the time barriers.



## 1.20: RETIREMENT AND REPATRIATION

Except for injury, a runner must not retire except at a checkpoint. He must inform the checkpoint head, who will then be in charge of organizing the repatriation 4x4 vehicle to the finish bivouac.

In case of adverse weather conditions justifying the partial or total shutdown of the race, the organization ensures repatriation as soon as possible of the runners halted.

In the case of unavoidable retirement between 2 checkpoints due to the failing physical or mental condition of the competitor, they (or another competitor to help them) will use the function "Help" of their satellite tag to inform the race organisers.

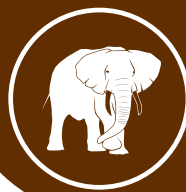
## 1.21: PENALISATION - DISQUALIFICATION

Controllers on the course are entitled to check the required equipment and, more generally, compliance with the regulations (respect for the sites, ethics, illegal help from supporters, the race bib not constantly visible...).

Any rider who is not in possession, during a course control, all of the required equipment will be immediately disqualified, without any possibility to appeal against this decision.

A minimum penalty of 6 hours is applied to any breach of the rules. The controller informs Race Control and can demand, depending on the severity of the action and the behaviour of the runner, their disqualification. The event jury may disqualify a competitor for any serious breach of the rules, especially if:

- failure to follow instructions given by the PC;
- no switch on the tag
- voluntary switch off the tag
- no switch on the GPS
- voluntary switch off the GPS
- use of a means of transport;
- start from the checkpoint beyond the time limit;
- not turning up at the checkpoints;
- failure to assist a competitor in difficulty;
- personal assistance outside the official refreshment areas;
- non-compliance with the ban to be accompanied on the course;
- pollution or degradation of sites by the competitor or a member of his entourage;
- insults, rudeness or threats made against any member of the organization and any inhabitant of the region;
- refusal to be examined by a doctor of the organization at any time during the event;
- doping or refusal to submit to anti-doping control.



## 1.22: CLAIMS

Any claim by a competitor must be made in writing and addressed to the attention of the Race Director within 12 hours after the posting of the provisional results.

## 1.23: DOPING CONTROL

Any competitor may be subject to doping control during or at the arrival of le **ZAKOUMA SAFARI TRAIL**.

The refusal to submit will result in immediate disqualification.

## 1.24: RACE JURY

This comprises:

- the organizer;
- the director of the race;
- coordinator responsible for the safety;
- the head of the medical team;
- checkpoint officials concerned;
- and any competent person at the discretion of the Organizing Committee.

The jury is empowered to act in time consistent with the requirements of the race for all disputes or disqualifications occurred during the test. Decisions are final.

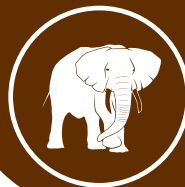
## 1.25: MODIFICATIONS to the course or to the time limits RACE CANCELLATION

The organization reserves the right to modify at any time the route and location of checkpoints, relief and supply without notice. If too unfavourable weather conditions (sandstorm...) the start may be postponed for twenty four hours maximum, after which, the race is cancelled.

In case of bad weather, and for safety reasons, the organization reserves the right to cancel and/or stop the current event, or modify the time barriers.

The cancellation, postponement or modifications of the race are eligible for a refund of registration.

Any decision will be taken by a panel comprising at least the race director, organizer and coordinator responsible for the security and any competent person at the discretion of the Organizing Committee.



## 1.26: INSURANCE

The organizer has taken out civil liability insurance for the duration of the event with chadian insurance company STAR Nationale. This liability insurance guarantees the financial consequences of his responsibility, that of its employees and participants.

The organizer will benefit every runner or supporter a "repatriation and medical assistance" insurance agreement, signed with a company like Mondial Assistance.

The insurance agreement mentioned above will be provided to each participant at the registration is confirmed.

## 1.27: ROADBOOK AND ORIENTATION ON THE COURSE

A detailed description of the course is provided at the time of registration. It includes practical information such as the hour barriers, checkpoints (places of refreshment, rest, aid stations)... The book will be given in a single copy, only to registrants.

A portable GPS (with spare batteries) will be provided to each runner with the course waypoints integrated which would be best to follow. Training in the use of this GPS will be given on Tuesday, January 26<sup>th</sup>, 2020 at the Tinga lodge. Runners certify knowing the principles of a trekking GPS use, and commit to be there at the briefing on the bivouac. Runners must mandatory switch on their GPS before the start of the race and commit to not switch off it during the race. The runner commit to not voluntary go out the track of the race. He could be unsecure.

A satellite tracking tag with emergency call will also be provided to each runner for their safety. The runner commit :

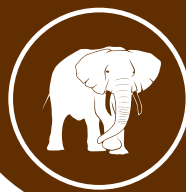
- to let the tag switch on during the race,
- to be sure that teh tag is correctly placed at the top of their bag
- he knows that the emergency call is done by three second press on one of the call button.

The runners also knows that the signal tag could not send inside a cave or under a rock or close to a big rocks.

Then, the runners commit to switch on his GPS and do not count on others runners to find their track..

The portable GPS and satellite tag must be handed back to the organizer at the Finish of the race. A security deposit of 500 € will be required to ensure good condition of these materials and will be banked if they are not returned at the end of the event.





## 1.28: RANKINGS AND REWARDS

Only runners crossing the Finish line will be ranked. No bonus money is handed out, all "Finishers" will receive the same specific lot.

An overall Male and Female and a ranking for each class man and woman will be established. The first man and the first woman on each race will receive a trophy and/or lot.

The categories (if there are runners in these) are:

- Hopeful M & W
- Senior M & W
- Master 1 to 10, M & W

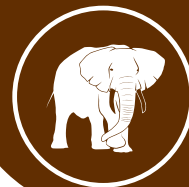
The details of the awards can be provided upon request at the time of registration.

On defines by the word "Finisher" all participants reaching the Finish:

- 6:59 am time barrier on Friday, January 29<sup>th</sup>, 2021 , for the **ULTRA ZAKOUMA TRAIL**;
- 12:59 pm time barrier on Thursday, January 28<sup>th</sup>, 2021 , for the **ZAKOUMA TRAIL**;
- 6:59 pm time barrier on Wednesday, January 27<sup>th</sup>, 2021, for the **ZAKOUMA MARATHON**.

## 1.29: PICTURE RIGHTS

By participating in the **ZAKOUMA SAFARI TRAIL**, each competitor expressly authorizes the organization (or his heirs) to use or cause to use or reproduce or have reproduced his name, image, voice and sporting performance in the race to a direct or derivative form of the test and that, in any medium, worldwide, by any means known or unknown to this day, and the duration of protection currently given to these direct operations or by legislative or regulatory provisions, judicial decisions and/or arbitration of any country as well as the current or future international agreements, including any extensions that could be made at this time.



### 1.30: R.G.P.D.

The information we are communicating to you is necessary for your participation in le **TREG®** (registration).

They are subject to computer processing and are destined for the Secretariat of the SAS TRAIL AFRICA ORGANIZATION and SAS ALTEA TRIPS. You have the right to access and correct personal data.

If you wish to exercise this right and obtain information about you, please contact:

SAS TRAIL AFRICA ORGANIZATION  
5 Avenue Marmontel  
92500 RUEIL MALMAISON  
FRANCE

or the Agency DPA Voyages  
La Gaumerie  
24380 GRUN BORDAS