

the regulations

Any registration for the **TREG® SIMIEN TRAIL 2023** implies tacit acceptance of the following regulations. All competitors are also invited to carefully read the general terms and conditions of sale and our privacy policy, which can be accessed at www.le-treg.com.

1.1: TESTS

The **TREG® SIMIEN TRAIL** is a high-altitude stage race over a wide variety of mountainous terrain.

The total distance of this event is around 125km with around 6,000 metres of ascent. The stages are located near and within the Simien National Park in northern Ethiopia.

The **TREG® SIMIEN TRAIL** takes place in 5 stages of between 15 and 28 km of semi-self-sufficient food at a free pace, each in a limited time with time barriers. Navigation is by GPS (provided by the organisers).

Park scouts will monitor the course. Satellite maps will be provided but cannot be used for navigation purposes.

The start of the 1st stage will be given on Sunday 10 March 2023 at 09:00.

The **TREG®** is organised by SAS TRAIL AFRICA ORGANIZATION in partnership with D'UN POINT À L'AUTRE.

Programme :

- **Friday 8 March:** departure from Paris at around 9 p.m. on a scheduled Ethiopian Airlines flight to Addis Ababa (for those who have chosen to depart from Paris).
- **Saturday 9 March:** arrival in Addis Ababa at dawn, then departure for Gondar by scheduled flight. Visit to Gondar Castle. GPS training - Technical and medical briefing. Overnight in hotel.
- **Sunday 10 March:** Transfer to the start of Stage 1, then transfer to the hotel in Débarek.
- **Monday 11 March to Thursday 14 March:** stages 2 to 5 in the heart of the Simien Mountain National Park.
- **Friday 15 March:** morning departure for Lalibela - Afternoon free - Overnight at the hotel.
- **Saturday 16 March:** Visit to buried churches - Closing evening
- **Sunday 17 March:** morning departure for Addis Ababa - City tour - Fekat Circus at the end of the day - Dinner and departure for the airport. Scheduled Ethiopian Airlines night flight to Paris (for those who have chosen to depart from Paris).
- **Monday 18 March:** Arrival in Paris at Roissy Charles de Gaulle at around 6.00 am.

1.2 : PARTICIPATION

The **TREG® SIMIEN TRAIL** is open to anyone, male or female, born in 2005 or earlier, licence holder or not, with experience of medium-distance trail running (> 30 km) strongly recommended.

By way of derogation, persons born between 2006 and 2007 will be authorised to take part in the event provided that their parents sign a waiver expressly stating that they take full responsibility for the under-age competitor's participation in the race and that they undertake to accompany him or her throughout the event.

1.3: FOOD SELF-SUFFICIENCY TRAIL

The principle of an individual race in semi-sufficiency is the rule for all stages of the **TREG® SIMIEN TRAIL**. Along the route, refreshment areas located approximately every 10 kilometres are supplied with water for filling water bottles or water bags up to a limit of 3 litres/person, depending on the refreshment area.

Each rider must have :

- at the start of each stage, of the quantity of food needed to reach the finish of the stage in self-sufficiency.
- at the start of each feed zone, the quantity of water required to reach the next feed point, with a minimum of 2 litres of water on board.

No personal assistance is permitted on the course.

It is strictly forbidden to be accompanied on the course by anyone other than a competitor who has duly registered.

1.4 : REGISTRATION CONDITIONS

The weather conditions can be difficult (rain, cold, hail...). Very good training and a real capacity for personal autonomy are essential for the success of such an individual adventure.

To register for the **TREG® SIMIEN TRAIL**, **you are** strongly advised to have already completed at least one 25km trail in a mountain environment.

A medical certificate less than one year old is required for all runners, as well as an ECG (electrocardiogram) or an effort test according to the following rules:

- ECG less than **two years old** (for all riders under 40 and for all local riders, regardless of age) ;
- stress test less than **three years old** for all riders over 40.

The medical certificate and ECG (electrocardiogram) must be sent to Isabelle Paucot by e-mail to **i.paucot@le-treg.com** by 15 February 2024. After this date, registration will be cancelled and the registration fee forfeited.

In addition, riders must take the originals or a FULL copy of the documents (ECG / stress test) with them to the individual medical briefing.

1.5: ACCEPTANCE OF THE REGULATIONS

Participation in the **TREG® SIMIEN TRAIL** implies de facto unreserved acceptance of the present regulations published by the organisation, which can be consulted in the "Regulations" section on the website <http://www.le-treg.com/simien/index.php>.

1.6: MAXIMUM NUMBER OF PARTICIPANTS

For its 3rd edition, the number of competitors taking part in the **TREG® SIMIEN TRAIL** is limited to 50 people, including runners and accompanying persons.

1.7 : REGISTRATION

Riders can only register as individuals. Entries for accompanying persons are also possible.

The registration fee varies according to the date of entry, as indicated below:

DEPARTURE FROM PARIS

REGISTRATION FROM 1 JUNE TO 31 OCTOBER 2023 (preferential rate)

TOTAL PRICE: €3,250 (€1,050 'Travel' package and €2,200 'Stay & Race' package).

On registration :	750 €	By cheque or bank transfer to Trail Africa Organization
At 31 August 2023 :	800 €	By cheque or bank transfer to Trail Africa Organization
At 31 Dec. 2023 :	850 €	By cheque or bank transfer to Trail Africa Organization
15 February 2024 :	850 €	By cheque or bank transfer to Trail Africa Organization

REGISTRATION FROM 1 NOVEMBER 2023 TO 15 FEBRUARY 2024 (standard rate)

TOTAL PRICE: €3,450 (€1,050 'Travel' package and €2,400 'Stay & Race' package).

On registration :	1 750 €	By cheque or bank transfer to Trail Africa Organization
At 31 Dec 2023 :	850 €	By cheque or bank transfer to Trail Africa Organization
15 February 2024 :	850 €	By cheque or bank transfer to Trail Africa Organization

NB: special payment conditions are available on request from the organisers at inscription@le-treg.com for entries received before 31 October 2023.

DEPARTURE FROM GONDAR

REGISTRATION FROM 1 JUNE TO 31 OCTOBER 2023 (preferential rate)

TOTAL PRICE: €2,400 ('Stay & Race' package).

Timetable :

On registration :	800 €	By cheque or bank transfer to Trail Africa Organization
At 31 Dec 2023 :	800 €	By cheque or bank transfer to Trail Africa Organization
15 February 2024 :	800 €	By cheque or bank transfer to Trail Africa Organization

REGISTRATION FROM 1 NOVEMBER 2023 TO 15 FEBRUARY 2024 (standard rate)

TOTAL PRICE: €2,600 ('Stay & Race' package).

Timetable :

On registration :	1 000 €	By cheque or bank transfer to Trail Africa Organization
At 31 Dec 2023 :	800 €	By cheque or bank transfer to Trail Africa Organization
15 February 2024 :	800 €	By cheque or bank transfer to Trail Africa Organization

The registration fee includes :

- scheduled flight from Paris to Addis Ababa (Ethiopian Airlines) and return (only for registrations departing from Paris) ;
- all transfers from Addis Ababa to Gondar and Lalibela on domestic flights;
- all transfers between stages;
- participation in all stages of the TREG® SIMIEN TRAIL ;
- all meals during the week except for your food during the stages ;

- hotel or camp accommodation before, during and after the TREG® SIMIEN TRAIL;
- Visits to the sites on the programme and follow-up of the race by minibus when the competitor is no longer racing;
- GPS for navigation and digital or paper maps for additional information;
- Membership of the insurance agreement taken out by the organiser for "Repatriation & Medical Assistance" insurance (see Art. 25);
- Civil liability insurance for the organisation;
- a special prize for all finishers of the TREG® SIMIEN TRAIL ;
- the film or a few photos of the event in computer format (.mp4, .jpg or other equivalent format).

This price does not include :

- a visa to enter Ethiopia (approx. €56);
- personal expenses ;
- transporting the competitor to Roissy-Charles de Gaulle airport in Paris;
- which is not included in the registration fee.

Entries for runners' companions are also possible under specific conditions. They can choose to follow the race or visit the natural sites along the route.

DEPARTURE FROM PARIS

REGISTRATION FROM 1 JUNE TO 31 OCTOBER 2023 (preferential rate)

TOTAL PRICE: €2,750 (€1,050 'Travel' package and €1,700 'Stay & Race' package).

On registration :	1050 €	By cheque or bank transfer to Trail Africa Organization
At 31 Dec 2023 :	850 €	By cheque or bank transfer to Trail Africa Organization
15 February 2024 :	850 €	By cheque or bank transfer to Trail Africa Organization

REGISTRATION FROM 1 NOVEMBER 2023 TO 15 FEBRUARY 2024 (standard rate)

TOTAL PRICE: €2,950 (€1,050 'Travel' package and €1,900 'Stay & Race' package).

On registration :	1 250 €	By cheque or bank transfer to Trail Africa Organization
At 31 Dec 2023 :	850 €	By cheque or bank transfer to Trail Africa Organization
15 February 2024 :	850 €	By cheque or bank transfer to Trail Africa Organization

DEPARTURE FROM GONDAR

REGISTRATION FROM 1 JUNE TO 31 OCTOBER 2023 (preferential rate)

TOTAL PRICE: €1,900 ('Stay & Race' package).

On registration :	650 €	By cheque or bank transfer to Trail Africa Organization
At 31 Dec 2023 :	650 €	By cheque or bank transfer to Trail Africa Organization
15 February 2024 :	650 €	By cheque or bank transfer to Trail Africa Organization

REGISTRATION FROM 1 NOVEMBER 2023 TO 15 FEBRUARY 2024 (standard rate)

TOTAL PRICE: €2,100 ("Stay & Race" package).

On registration :	750 €	By cheque or bank transfer to Trail Africa Organization
At 31 Dec 2023 :	750 €	By cheque or bank transfer to Trail Africa Organization
15 February 2024 :	600 €	By cheque or bank transfer to Trail Africa Organization

This price includes :

- scheduled flight from Paris to Addis Ababa (Ethiopian Airlines) and return (only for registrations departing from Paris) ;
- all transfers from Addis Ababa to Gondar and Lalibela by domestic flight;
- all inter-stage transfers ;
- every meal during the week;
- hotel or camp accommodation before, during and after the **TREG® SIMIEN TRAIL**;
- visits to the sites on the programme and following the race in a minibus;
- Membership of the insurance agreement taken out by the organiser for "Repatriation & Medical Assistance" insurance (see Art. 25);
- Civil liability insurance for the organisation;
- a special prize for all those accompanying the **TREG® SIMIEN TRAIL**;
- the film or photos of the test in computer format (.mp4, .jpg or other equivalent format).

This price does not include :

- a visa to enter Ethiopia (approx. €56);
- personal expenses ;
- the competitor's transport to Roissy-Charles de Gaulle airport in Paris; - anything not included in the entry fee.

Pre-registrations can be made online from the event's website www.le-treg.com and entries will close on 15 February 2024 if the maximum number of participants is not reached.

The Registration Form and Sponsorship Form, which may be included in the "registration pack" you have chosen (individual, accompanying person), must be duly completed and returned by post to the address :

TRAIL AFRICA ORGANIZATION


5 avenue Marmontel

92500 RUEIL MALMAISON

or scanned and sent to: inscription@le-treg.com

They can be downloaded from the "Registration / Terms and Conditions" section of the www.le-treg.com/simien/index.php website.

Payments can be made by bank transfer to the following bank details or by cheque sent by post to the following address:

		CAISSE D'EPARGNE				Relevé d'Identité Caisse d'Epargne	
CE ILE DE FRANCE							
Ce relevé est destiné à être remis, sur leur demande, à vos créanciers ou débiteurs appelés à faire inscrire des opérations à votre compte (virement, paiement de quittance, etc.).							
Son utilisation vous garantit le bon enregistrement des opérations en cause et vous évite ainsi des réclamations pour erreurs ou retards d'imputation.							
17515	00600	08000891719	39	CE ILE DE FRANCE			
<i>c/étab</i>	<i>c/guichet</i>	<i>n/compte</i>	<i>c/rice</i>	<i>domiciliation</i>			
IBAN							
FR76	1751	5006	0008	0008	9171	939	
BIC							
C	E	P	A	F	R	P	7 5 1
RUEIL MALMAISON CENTRE				Intitulé du compte TAO			
8 BIS RUE DE MAUREPAS				5 AV MARMONTEL			
92500 RUEIL MALMAISON				92500 RUEIL MALMAISON			
TEL : 01.71.09.61.21							

The medical certificate must be sent to the organisers no later than 15 February 2024 to the following e-mail address: i.paucot@le-treg.com or to the following postal address:

TRAIL AFRICA ORGANIZATION
5 avenue Marmontel
92500 RUEIL MALMAISON

All incomplete entries will be rejected. The entry fee includes all the services described in these regulations. Confirmation that your entry has been accepted will be sent to you by e-mail, as will confirmation that your entry has been accepted once all the payment deadlines have been met.

1.8 : SPONSORSHIP

It is possible to sponsor other competitors by getting them to register thanks to you. For each confirmed referral you initiate, €100 will be deducted from your next payment (or €100 will be refunded if you pay in full at the time of referral).

A confirmed sponsorship is acquired when the sponsored competitor has paid the first entry fee.

You can sponsor as many competitors as you like, and this deduction is cumulative.

Each sponsorship must be formalised by a sponsorship form completed and signed by the sponsored rider.

1.9 : CANCELLATION OF A REGISTRATION

If you find yourself obliged to cancel your participation in one of the events of the **TREG® SIMIEN TRAIL**, you must inform TRAIL AFRICA ORGANIZATION by registered letter with acknowledgement of receipt to the following address:

TRAIL AFRICA ORGANIZATION
5 avenue Marmontel
92500 RUEIL MALMAISON

The date of receipt of the letter by TRAIL AFRICA ORGANIZATION will be taken as the date of cancellation for the calculation of cancellation fees.

In the event of cancellation, a cancellation fee will be charged according to the following scale:

- before 1^{er} November 2023, the cancellation fee will be €80
- between 1^{er} November 2023 and 8 February 2024, the cancellation fee will be €600
- between 30 and 21 days before departure, the cancellation fee will be 35% of the registration fee
- between 20 and 14 days before departure, the cancellation fee will be 50% of the registration fee
- between 13 and 5 days before departure, the cancellation fee will be 75% of the registration fee
- less than 5 days before departure, the cancellation fee will be 100% of the registration fee

Race numbers are personalised and non-transferable. Bib numbers cannot be exchanged.

1.10: TRAIL EQUIPMENT

1.10.a: FOR PARTICIPANTS IN THE TREG® SIMIEN TRAIL.

This equipment must be supplied by the rider:

Compulsory (unannounced checks throughout the route) :

- rucksack ;
- water bag and/or water bottle ;
- sunglasses ;
- Headgear (cap, bandana, etc.) ;
- windbreaker in the runner's size ;
- compass ;
- lighter ;
- knife with a minimum 5 cm metal blade;
- 6 cm diameter signal mirror ;
- a whistle ;
- 500 calories of food at the start of each stage.

As well as the **compulsory** competing medical pack comprising :

- bandages ;
- a disinfectant (such as Biseptine or Betadine Dermique);
- 1 elastic strapping band of 1.50 metres by 6 or 8 cm ;
- paracetamol (Doliprane type): 5 x 1g tablets;
- antispasmodic (Spasfon type): 6 tablets;
- antidiarrhoeal (Tiorfan type): 6 capsules ;
- antivomiting: (Primpéran or Vogalène or Motylioc): 6 tablets ;
- sun cream ;
- 1 survival blanket 2.20 m x 1.40 m ;

You are also advised to bring the following items with you:

- 1 syringe of 2 mL ;
- 1 subcutaneous needle ;
- 1 pack of 5 sterile compresses ;
- 1 pipette of Eosin ;
- 1 pair of scissors ;
- 1 tube of burn cream (moisturiser) ;
- 1 tube of Vaseline or Bépanthène (for irritated areas) ;
- 5 pipettes of physiological saline (for the eyes).

Equipment provided by the organisers :

- a portable GPS with spare batteries (to be returned after the test) ;
- a roadbook in pdf format ;

1.10.b: FOR ALL PARTICIPANTS IN THE JOURNEY TO ETHIOPIA

This equipment must be supplied by the rider:

- sleeping bag or duvet or alu pack ;
- headlamp ;
- A set of cutlery for meals;
- Multifunctional wind protection scarf;
- sun cream ;
- sunglasses ;
- Headgear (caps, bandanas, etc.)
- a warm fleece
- a warm, waterproof anorak.
- trail running gloves

1.11 : MEDICAL CERTIFICATE

Taking part in the **TREG® SIMIEN TRAIL**, an event in an unusual and extreme environment, requires, in addition to suitable training, good health at the time of your participation.

A medical certificate less than one year old must be completed by a doctor, together with an ECG (electrocardiogram) or a stress test in accordance with the following rules:

- ECG less than **two years old** (for all riders under 40 and for all local riders, regardless of age)
- Exercise test less than **three years old** for all riders over the age of 40

The medical certificate and ECG (electrocardiogram) must be sent to Isabelle Paucot by e-mail to i.paucot@le-treg.com by 15 February 2024.

In addition, riders must take the originals or a FULL copy of the documents (ECG / stress test) with them to the individual medical briefing.

It is important that you take the start of the **TREG® SIMIEN TRAIL** events in perfect physical condition, as a latent ailment can become much worse in the extreme conditions of the event, and make rescue even more difficult. The competitor undertakes to inform the medical team of any health problem, however minor, that he or she has encountered.

1.12: TECHNICAL AND MEDICAL CHECKS

Technical and medical scrutineering will take place on Saturday 9 March 2024, the day before stage 1, at the same time as the 1st briefing. Each competitor must present his compulsory equipment to the organisers, i.e. his race gear and medical kit.

Any rider who is not in possession of all his compulsory equipment will be immediately disqualified, without any possibility of appealing against this decision and without reimbursement of any expenses incurred.

1.13: NUMBER BIBS

The number must be worn on the chest or stomach and must be visible at all times throughout the race. It must therefore always be worn above any item of clothing and under no circumstances may it be attached to a bag or a leg. Partners' names and logos must not be altered or hidden.

1.14: RIDERS' LUGGAGE

Each competitor must bring their own travel bag for their personal belongings (change of clothes, toiletries, etc.) and, if necessary, their race bag. The total weight of your luggage must not exceed 20 kg for your main bag and 5 kg for your hand luggage.

We recommend that you do not place valuables in them.

1.15: CONTROL AND EMERGENCY STATION

On the route, riders must pass through the checkpoints (PC's) located on the route of each stage. These checkpoints will allow competitors to refuel with water (up to a maximum of 3 litres per person).

1.16: SAFETY AND MEDICAL ASSISTANCE

A medical team specialising in this type of trail event will be present throughout the event.

The official doctor is empowered to withdraw from the race (by invalidating the race number) any competitor who is unfit to continue the race. He is empowered to evacuate any runner he deems to be in danger by any means at his disposal.

If necessary, for reasons that are always in the interests of the rescued person, the organisation will use all appropriate means to evacuate the person. The costs resulting from the use of these exceptional means will be borne by the person rescued. He/she may then submit a claim to his/her personal accident insurance.

Any rider who calls on the services of a doctor, nurse or first-aider submits to their authority and undertakes to accept their decisions.

Competitors are aware that in the event of extreme fatigue, their behaviour and decisions may be altered. It is the competitor's responsibility not to reach this state. The organisers cannot be held responsible for the consequences of any absurd or inconsistent decisions made by the competitor.

1.17: CLIMATIC CONDITIONS

Average temperatures in November: 20°C during the day, 5°C at night.
At altitude on the final stages, temperatures can drop below 0°C.

1.18: MAXIMUM AUTHORISED TIME AND TIME BARRIERS

A maximum time for completing the entire course is set for each stage of the **TREG® SIMIEN TRAIL** and will be communicated in the event road book.

These maximum times will be set so that a hardy walker can complete each stage.

Deadlines for the start of the PC's (time barriers) will also be defined and communicated in the RoadBook.

These time limits are calculated to enable participants to reach the finish within the maximum time limit, while making any necessary stops (rest, treatment, etc.). To be authorised to continue the race, competitors must leave a PC before the set time limit (whatever the time of arrival at the PC).

The organiser reserves the right to derogate from these rules in exceptional circumstances (delay of a competitor due to assistance given to another competitor, specific race conditions, etc.).

Any competitor who abandons a stage or who is disqualified will be repatriated by vehicle or minibus to the finish bivouac of the stage within time limits that the organisation cannot guarantee. They will be given a time penalty and will be able to start again on the following stages of the **TREG® SIMIEN TRAIL**.

In the event of adverse weather conditions and/or for safety reasons, the organisers reserve the right to cancel and/or stop the event in progress, or to modify the time limits.

1.19: ABANDONMENT AND REPATRIATION

Except in the case of injury, a rider must not abandon the race other than at a PC. In this case, he must inform the person in charge of the PC, who will be responsible for organising his repatriation by vehicle or minibus to the finish bivouac where possible.

In the event of unfavourable weather conditions justifying the partial or total stoppage of the race, the organisers will repatriate the riders who have been stopped as quickly as possible.

In the event of a compulsory withdrawal between 2 PC's due to the competitor's physical or mental condition, the competitor (or another competitor assisting him/her) must use his/her mobile phone, which will have been configured beforehand to enable calls to be made or received in Ethiopia.

1.20: PENALTIES - DISQUALIFICATION

Inspectors on the course are authorised to check compulsory equipment and, more generally, compliance with the rules (respect for the sites, ethics, illegal assistance or accompaniment, race number not visible on the front at all times, etc.).

Any rider who is not in possession of all his compulsory equipment at a checkpoint on the course will be given a time penalty of 3 hours, with no possibility of appealing against this decision.

A minimum penalty of 6 hours will be applied for any other breach of the rules. The scrutineer notifies race HQ and, depending on the seriousness of the offence and the rider's behaviour, may request that the competitor be disqualified. The race jury may disqualify a competitor for any serious breach of the rules, in particular in the event of :

- GPS not switched on
- voluntary GPS shutdown
- failure to comply with the Race Director's instructions;
- use of a means of transport ;
- failure to assist a competitor in difficulty ;
- personal assistance outside the official feed zones ;
- failure to comply with the ban on being accompanied on the course ;
- pollution or degradation of the sites by the competitor or a member of his entourage ;
- insults, rudeness or threats against any member of the organisation or any inhabitant of the region;
- refusal to be examined by an organisation doctor at any time during the event;
- doping or refusal to submit to doping control.

1.21 : CLAIMS

Any complaint by a competitor must be made to the Race Director within 12 hours of the provisional results being posted.

1.22: DOPING CONTROL

Any competitor may be subject to doping control during or at the finish of the **TREG® SIMIEN TRAIL**. Refusal to take part will result in immediate disqualification.

1.23: TEST JURY

It consists of :

- of the organiser ;
- the race director ;
- the safety coordinator
- the head of the medical team ;
- those responsible for the PC's concerned;
- as well as any competent person at the discretion of the Organising Committee.

The jury is empowered to rule on any disputes or disqualifications arising during the event within a time limit compatible with the imperatives of the race. All decisions are final.

1.24 : CHANGES to the course or time limits CANCELLATION of the race

The organisers reserve the right to change the route and the location of checkpoints, aid stations and refreshment posts at any time without prior notice.

If the weather conditions are too unfavourable, starts may be postponed depending on the stage concerned. The organisers will do their utmost to organise the start of each stage, even if it is shortened,

with due regard for the safety of competitors. If no solution is found, one or more stages may be cancelled.

In the event of adverse weather conditions, and for safety reasons, the organisers reserve the right to cancel and/or stop the stage in progress, or to modify the time limits.

Cancellation, postponement or modification of one or more stages does not entitle the participant to any reimbursement.

All decisions will be taken by a jury comprising at least the race director, the organiser and the safety coordinator, as well as any other competent person at the discretion of the Organising Committee.

1.25 : INSURANCE

The organiser shall take out Civil Liability insurance with an insurance company for the duration of the event. This civil liability insurance covers the financial consequences of the organiser's liability, that of its employees and that of the participants.

The organiser will provide each runner or accompanying person with repatriation and medical assistance insurance taken out with an organisation such as Mondial Assistance.

The above-mentioned insurance agreement will be supplied to each competitor on request once registration has been confirmed.

1.26 : ROADBOOK AND ORIENTATION ON THE COURSE

A detailed description of the route for each stage will be provided when you pick up your race number. It includes practical information such as deadlines, PC's etc. A single copy of this booklet will be given exclusively to registrants, either in digital form or on paper.

A portable GPS (with spare batteries) will be provided to each runner with the integrated waypoints of the course to be followed. Training in the use of this GPS will be given on Saturday 9 March 2023. The competitor acknowledges that he/she is familiar with the principles of using a GPS navigation system suitable for trekking and undertakes to take part in the user training given before the race. Competitors must switch on their GPS before the start of each stage and undertake not to switch it off during the race. Competitors undertake not to voluntarily leave the race route included in the GPS and in particular not to take shortcuts that could jeopardise their safety.

Runners undertake to switch on their GPS and not to rely on other competitors to guide them.

The portable GPS must be returned to the organiser at the end of the last stage of the event. A deposit cheque for €250 will be requested to guarantee the correct return of this equipment and will be cashed if it is not returned at the end of the event.

1.27: RANKINGS AND AWARDS

All competitors present at the event will be ranked. No cash prizes will be awarded; all "Finisher" riders will receive the same specific prize.

An overall classification for men and women and a classification for each category will be drawn up for each event. The male and female winners of each race will receive a trophy and/or a prize.

The categories classified are :

- Espoir M & F

- Senior M & F
- Master 1 to 10 M & F

Details of the prizes will be available on request when the bibs are handed out.

Finisher" means all the participants in the general classification at the end of the last stage. The classification for each stage will be based on the time taken by the competitor to complete the stage. The overall classification will be based on the total time taken on each stage, with the winner being the competitor with the lowest total time. A competitor who does not finish (or who is out of time) will be allowed to start the next stage but will be given the maximum time allowed to complete the stage plus an hour's penalty for each stage not completed.

1.28: IMAGE RIGHTS

By participating in the TREG® SIMIEN TRAIL, each competitor authorises the organisation (or its assignees) to use or cause to be used or reproduce or cause to be reproduced :

- his name,
- its image,
- his voice
- and its sporting performance

in the context of the race with a view to any direct or derivative use of the event, including but not limited to:

- paper (prints of photographs),
- catalogues and various editions, CDROM/DVDROM and other known and unknown digital media,
- any audiovisual medium, in particular cinema, TV and by any means inherent to this mode of communication, internet (including Intranet, Extranet, Blogs, social networks), all reception vectors combined (smartphones, tablets, etc.),
- press media (TV commercials, cinema commercials),
- internal communication media,
- promotional materials (POP, ILV, display campaigns in all locations, in all sizes and on all media (urban, airports, stations, public transport, etc.),
- sales aids (merchandising products: postcards, posters, T-shirts, etc.),
- integration into another work / multimedia work.

This authorisation is valid for the entire duration of the protection currently granted to these direct or derivative uses by the legislative or regulatory provisions, judicial and/or arbitration decisions of any country, as well as by current or future international conventions, including any extensions that may be made to this duration.

Each competitor guarantees that he/she is not bound by any agreement with a third party, of any nature whatsoever, the purpose or effect of which is to limit or prevent the implementation of this authorisation.

This authorisation to use image rights is granted free of charge by each competitor who has duly registered.

Any competitor who does not wish to grant the above-mentioned image rights to the organisers may express their refusal by sending a letter to the following address:

TRAIL AFRICA ORGANIZATION
5 Avenue Marmontel



92500 RUEIL MALMAISON

or e-mail: jph.allaire@le-treg.com .

1.29 : PERSONAL DATA

The information you provide is necessary for your participation in the **TREG® SIMIEN TRAIL** (registration). It is processed electronically and is intended for the secretariat of TRAIL AFRICA ORGANIZATION.

In accordance with Article 34 of French Law 78-17 of 6 January 1978 on Data Processing, Data Files and Individual Liberties, you have the right to access and correct your personal data.

If you wish to exercise this right and obtain information about you, please contact the company
TRAIL AFRICA ORGANIZATION
5 avenue Marmontel
92500 RUEIL MALMAISON