

# the regulations

Any registration for Le **TREG® SIMIEN TRAIL 2020** implies tacit acceptance of the following regulations:

# 1.1: EVENT

**Le TREG**<sup>®</sup> **SIMIEN TRAIL** is a trailrunning race in stages in a high altitude environment over a wide variety of mountainous terrain.

The total distance of this event is about 125 km with a positive height difference of about 6000 metres. The 5 stages are located near and inside the Simien National Park in northern Ethiopia. Navigation is done using a GPS (provided by the organization). Park scouts will be monitoring the route. Satellite maps will be provided but they cannot be used for navigation by the competitors under any circumstances.

The start of the 1<sup>st</sup> stage will be given on Monday November 30<sup>th</sup> at 08:00 am.

**Le TREG® SIMIEN TRAIL** is organised by the SAS TRAIL AFRICA ORGANIZATION, in charge of the "Living & Race" part, in partnership with the SAS D'UN POINT À L'AUTRE in charge of the "Travel" part.

### Programme :

- Saturday, November 28<sup>th</sup>: departure from Paris around 9pm by scheduled Ethiopian Airlines flight to Addis Ababa (for those who chose a departure from Paris).
- Sunday, November 29<sup>th</sup>: arrival in Addis Ababa at dawn then departure to Gondar by scheduled flight.
  Visit the castle of Gondar. GPS Training Technical and medical briefing.
  Night at the hotel.
- Monday, November 30<sup>th</sup>: transfer to the start of Stage 1. Stage 1 then transfer to the hotel in Debarek.
- Tuesday December 1<sup>st</sup> to 4<sup>th</sup>: stages 2 to 5 in the heart of Simien Mountain National Park.
- Saturday December 5<sup>th</sup>: departure in the morning for Lalibela Visit of the buried churches - Closing party - Overnight at the hotel.
- Sunday, December 6<sup>th</sup>: departure in the morning for Addis Ababa City tour Fekat Circus at the end of the day - Dinner and departure for the airport. Regular Ethiopian Airlines night flight to Paris (for those who have chosen a departure from Paris).
- Monday, December 7<sup>th</sup>: arrival in Paris at Roissy Charles de Gaulle around 6:00 am.



# **1.2: PARTICIPATION**

Le **TREG**<sup>®</sup> **SIMIEN TRAIL** is open to any person, male or female, born in 2002 or before, licensed or not, with a medium distance trail experience (> 30 km) highly recommended.

By way of derogation, persons born between 2003 and 2004 be allowed to participate in the following events

The parents must sign a release expressly stipulating that they take full responsibility for the minor competitor's participation in the race and that they undertake to accompany him/her throughout the event

# **1.3: TRAIL IN FOOD SELF SUFFICIENCY**

The principle of individual running in self-sufficiency food mode is the rule for all stages of Le **TREG® SIMIEN TRAIL**. On the route, refreshment areas positioned approximately every 10 kilometres are supplied with water for filling water jerry cans or bags up to a limit of 3 litres/person depending on the refreshment area.

Each runner must ensure that they have :

- at the start of each stage, the amount of food it needs to reach the finish of the stage in food self-sufficiency.
- at the start of each refuelling area, the quantity of water necessary to reach the next refuelling point with a minimum of 2 litres of water on board.

No personal assistance is allowed on the course.

It is strictly forbidden to be accompanied on the course by a person other than a regularly registered competitor.

# **1.4: REGISTRATION CONDITIONS**

The climatic conditions of the event can be difficult (rain, cold, hail...). A very good training and a real capacity for personal autonomy are essential to the success of such an individual adventure.

To register for Le **TREG® SIMIENTRAIL**, it is strongly advised to have already completed at least one 30 km trail in a mountain environment.

A medical certificate less than one year old is required from all runners as well as an ECG (electrocardiogram) or a stress test according to the following rules:

- ECG less than two years old (for all runners under 40 years old and for all local runners, regardless of age);
- Stress test less than three years old for all runners over 40 years of age.

The medical certificate and the ECG (electrocardiogram) must be sent to Isabelle Paucot, last deadline October 15, 2020, by email to i.paucot@le-treg.com. After this date, registration will be cancelled and the registration fee will be forfeited.

In addition, runners will have to bring in their luggage the originals, or a COMPLETE copy of the documents (ECG / stress test) to present them at the individual medical briefing.



# **1.5: ACCEPTANCE OF THE REGULATIONS**

Participation in **TREG® SIMIEN TRAIL** automatically entails the unconditional acceptance of the present regulations published by the organization, which can be consulted in the "Documents & Formalities" section on the website http://www.le-treq.com/simien/index.php.

# **1.6: MAXIMUM NUMBER OF PARTICIPANTS**

For this 2<sup>nd</sup> edition, le **TREG® SIMIEN TRAIL** is limited to 50 people, runners and supporters included.

### **1.7: REGISTRATIONS**

Registrations are only possible for individual runners. Supporters registrations are also available.

The registration fee is variable based on the date of the following undertaking in the following tables:

### Individual registration – departure from PARIS

### **REGISTRATION FROM FEBRUARY 1<sup>ST</sup> TO JUNE 30<sup>TH</sup> 2020 (preferential rate)**

**TOTAL PRICE : € 3 050** (broken down into a "Travel" package of € 850 and a "Living & Race" package of € 2 200).

### **Deadlines:**

To registration:	€750	By transfer bank to the order of Trail Africa Organization
To June 30 <sup>th</sup> 2020:	€700	By transfer bank to the order of Trail Africa Organization
To August 30 <sup>th</sup> 2020:	€850	By transfer bank to the order of Un Point à l'Autre
To October 15 <sup>th</sup> 2020:	€750	By transfer bank to the order of Trail Africa Organization

### **REGISTRATION FROM JULY 1<sup>ST</sup>, 2020 TO OCTOBER 15<sup>TH</sup>, 2020 (normal rate)**

**TOTAL PRICE : € 3 250** (broken down into a "Travel" package of € 850 and a "Living & Race" package of € 2 400).

### **Deadlines:**

To registration:	€1650	By transfer bank to the order of Trail Africa Organization
To August 30 <sup>th</sup> 2020:	€850	By transfer bank to the order of Un Point à l'Autre
	6750	

To October 15<sup>th</sup> 2020: € 750 By transfer bank to the order of Trail Africa Organization



### Individual registration – departure from GONDAR

### **REGISTRATION FROM FEBRUARY 1<sup>ST</sup> TO JUNE 30<sup>TH</sup> 2020 (preferential rate)**

TOTAL PRICE : € 2 400 ("Living & Race" package).

### **Deadlines:**

Timeline

To registration:	€ 800	By transfer bank to the order of Trail Africa Organization
To June 30 <sup>th</sup> 2020:	€ 800	By transfer bank to the order of Trail Africa Organization
To October 15 <sup>th</sup> 2020:	€ 800	By transfer bank to the order of Trail Africa Organization

#### REGISTRATION FROM JULY 1<sup>ST</sup>, 2020 TO OCTOBER 15<sup>TH</sup>, 2020 (normal rate)

TOTAL PRICE : € 2 600 ("Living & Race" package).

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To registration:	€1000	By transfer bank to the order of Trail Africa Organization
To August 30 <sup>th</sup> 2020:	€ 800	By transfer bank to the order of Trail Africa Organization
To October 15 <sup>th</sup> 2020:	€ 800	By transfer bank to the order of Trail Africa Organization

NB: special payment conditions are possible on request to the organisation at inscription@le-treg.com for registrations before June 30<sup>th</sup> 2020.

The registration fee includes:

- the regular Paris Addis Ababa flight (Ethiopian Airlines), round trip (only for those registered on the Paris departure);
- all transfers from Addis Ababa to Gondar and Lalibela by internal flight; all inter-stage transfers;
- participation in all stages of Le TREG® SIMIEN TRAIL;
- all meals during the week except your diet during the stages;
- hotel or camp accommodation before, during and after Le TREG® SIMIEN TRAIL;
- visits to the sites planned in the program and monitoring of the race by minibus when the competitor is no longer in the race;
- GPS for navigation and digital or paper maps for additional information;
  - membership in the insurance agreement signed by the race organizer for a "repatriation and medical assistance" insurance (see Section 1.25);
  - the liability insurance of the organization;
- a special endowment for all TREG® SIMIEN TRAIL finishers;
- the film of the proof in computer format (.mp4 or other equivalent format).

This price does not include :

- the visa to enter Ethiopia (about 56 €); personal expenses;
- the competitor's transport to Roissy Charles de Gaulle airport in Paris; which is not included in the entry.

Registrations of accompanying persons are also possible according to specific conditions. They will be able to follow the race or visit the natural sites of the course at their choice.

See following pages for rates and registration conditions for accompanying persons.



### **Supporter registration** – departure from **PARIS**

### REG. FROM FEBRUARY 1<sup>ST</sup> UNTIL OCTOBER 15<sup>TH</sup>, 2020 (preferential tariff)

**TOTAL PRICE : € 2 550** (broken down into a "Travel" package of € 850 and a "Living & Race" package of € 1 700).

### **Deadlines:**

To registration:	€850	By transfer bank to the order of Trail Africa Organization
To June 30 <sup>th</sup> 2020:	€850	By transfer bank to the order of Un Point à l'Autre
To October 15t <sup>h</sup> 2020:	€850	By transfer bank to the order of Trail Africa Organization

#### REG. FROM JULY 1<sup>ST</sup> 2020 UNTIL OCTOBER 15<sup>TH</sup> 2020 (normal tariff)

**TOTAL PRICE : € 2 750** (broken down into a "Travel" package of € 850 and a "Living & Race" package of € 1 900).

### **Deadlines:**

To registration:	€1050	By transfer bank to the order of Trail Africa Organization
To June 30 <sup>th</sup> 2020:	€850	By transfer bank to the order of Un Point à l'Autre
To October 15 <sup>th</sup> 2020:	€850	$By transfer  bank  to  the  order  of {\rm Trail}  {\rm Africa}  {\rm Organization}$

### Supporter registration – departure from GONDAR

#### **REG. FROM FEBRUARY 1<sup>ST</sup> UNTIL JUNE 30<sup>TH</sup> 2020 (normal tariff)**

TOTAL PRICE : € 1 900 ("Living & Race" package).

#### **Deadlines:**

To registration:	€650	By transfer bank to the order of Trail Africa Organization
To June 30 <sup>th</sup> 2020:	€650	By transfer bank to the order of Trail Africa Organization
To October 15 <sup>th</sup> 2020:	€ 600	By transfer bank to the order of Trail Africa Organization

### REG. FROM JULY 1<sup>ST</sup> 2020 UNTIL OCTOBER 15<sup>TH</sup> 2020 (normal tariff)

TOTAL PRICE : € 2 100 ("Living & Race" package).

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To registration:	€750	By transfer bank to the order of Trail Africa Organization
To June 30 <sup>th</sup> 2020:	€750	By transfer bank to the order of Trail Africa Organization
To October 15 <sup>th</sup> 2020:	€600	By transfer bank to the order of Trail Africa Organization



This price includes:

- the regular Paris Addis Ababa flight (Ethiopian Airlines), round trip (only for those registered on the Paris departure);
- all transfers from Addis Ababa to Gondar and Lalibela by domestic flight; all inter-stage transfers;
- every meal during the week;
- hotel or camp accommodation before, during and after Le TREG® SIMIEN TRAIL;
- visits to the sites on the program and the follow-up of the race by minibus;
- Adherence to the insurance agreement taken out by the organiser for "Repatriation & Medical Assistance" insurance (see Art. 25);
- Organizational Liability Insurance;
- a special allowance for all accompanying persons of Le TREG® SIMIEN TRAIL;

This price does not include:

- the visa to enter Ethiopia (about 56 €);
- personal expenses;
- the competitor's transport to Roissy Charles de Gaulle airport in Paris;
- which is not included in the entry.

Pre-registrations are made online from the event website www.le-treg.com and the deadline for registration is October 15th 2020 if the maximum number of participants is not reached.

The documents Registration Form and Sponsorship Form, if any, included in the "registration pack" that you have chosen (individual, supporter) must be duly completed and returned by post to the address:

Identification nationale	TRAIL A
17515   00600   08000891719   39	5 avenue
Domiciliation BIC	92500 R
CE ILE-DE-FRANCE CEPAFRPP751	FRANCE
Identification internationale (IBAN)	
FR76   1751   5006   0008   0008   9171   939	
Intitulé du compte	
ΤΑΟ	
92500 RUEIL MALMAISON RUEIL MALMAISON CENTRE 0000648	

TRAIL AFRICA ORGANIZATION 5 avenue Marmontel 92500 RUEIL MALMAISON FRANCE



Payments for the "Travel Package" can be made by bank transfer to our partner D'UN POINT À L'AUTRE at the following address:

D'UN POINT À L'AUTRE La Gaumerie 24380 Grun Bordas

Titulaire du compte/Account holder D'UN POINT A L'AUTRE SAS ALTEA TRIPS LIEU DIT LA GAUMERIE 24380 GRUN BORDAS Relevé d'identité bancaire / Bank details statement		appelés à faire inscrir quittances, etc.). Son utilisation vous g évite ainsi des réclar This statement is inte Standing orders, Trar	e des opérations à arantit le bon enreg ations pour erreurs nded for your payer sfers and Payment	ur demande, à vos créanciers ou débiteurs votre compte (virements, paiements de istrement des opérations en cause et vous ou retards d'imputation. es and/or payors when setting up Direct debit, . Please use this Bank account statement wher execution errors which might result in
Relevé d'identité ba	ncaire / Bank details statem	ent		
IBAN (International B FR76 1090 7002 803	ank Account Number) 6 0218 2736 718			BIC (Bank Identification Code) CCBPFRPPBDX
Code Banque	Code Guichet	N° du compte 36021827367	Clé RIB	Domiciliation/Paying Bank BPACA PERIGUEUX

Any incomplete registration file will be rejected. The entry fees include all services described in this regulation. Confirmation of proper consideration of your registration will be sent you by email as well as the proper consideration of this when you will have met all payment deadlines.

We invite you to read the particular sale conditions of our partner D'UN POINT À L'AUTRE concerning the aspects "Travel Packages".



## **1.8: SPONSORSHIP**

You can sponsor other competitors by making them register thanks to you. Confirmed that for each referral you are the initiator, a deduction of  $\in$  100 on your next payment date will be applied (or a refund of  $\notin$  100 will be made if you have paid everything at the time of sponsorship).

A confirmed sponsorship is acquired when the sponsored competitor has paid the first instalment of their registration.

You can sponsor as many competitors as you want and this deduction is cumulative.

Each sponsored competitor will have to fullfil a sponsorship form.

# **1.9: CANCELLATION OF A REGISTRATION**

If you find yourself obliged to cancel your participation in Le **TREG® SIMIEN TRAIL**, you must inform TRAIL AFRICA ORGANIZATION by registered letter requiring receipt to the following address:

TRAIL AFRICA ORGANIZATION 5 Avenue Marmontel 92500 RUEIL MALMAISON FRANCE

The reception date of the letter by TRAIL AFRICA ORGANIZATION will be retained as cancellation date to calculate cancellation fees.

In case of cancellation, the cancellation fee will be recorded using the following scale:

- before July  $1^{st}$  2020, the cancellation fee will be € 80.
- between July 1<sup>st</sup> and October 15<sup>th</sup> 2020, the cancellation fee will be € 600
- between 30 and 21 days from the start, cancellation fees will be 35% of the registration fee
- between 20 and 14 days from the start, cancellation fees will be 50% of the registration fee
- between 13 and 5 days from the Start, cancellation fees will be 75% of the registration fee
- less than 5 days from the start, cancellation fees will be 100% of the registration fee

Race bibs are personalised and not transferable. No exchange of race bibs is possible.



# **1.10: EQUIPMENT FOR THE TRAIL**

### 1.10.a: FOR COMPETITORS OF THE TREG® SIMIEN TRAIL RACES

#### Equipment provided by the runner:

Mandatory (unannounced checks along the route):

- backpack;
- water pouch and/or flask;
- sunglasses;
- headgear (cap, bandana...);
- windbreaker at the runner's waist;
- compass;
- lighter;
- knife with a minimum metal blade of 5 cm;
- signal mirror 6 cm in diameter;
- …a whistle;
- 500 calories of food at the start of each stage.

As well as the **compulsory** competitor medical pack consisting of:

- Band-Aids;
- a disinfectant (such as Biseptin or Betadine Dermal);
- 1 elastic band for strapping of 1.50 metres by 6 or 8 cm;
- paracetamol (Doliprane type): 5 tablets of 1 g;
- antispasmodic (Spasfon type): 6 tablets;
- antidiarrheal (Tiorfan type): 6 capsules;
- anti-vomiting: (Primperan or Vogalene or Motylioc): 6 tablets;
- sunscreen;
- 1 survival blanket 2.20 m x 1.40 m;

It is also advisable to bring the following items in your luggage:

- 1 x 2-mL syringe;
- one subcutaneous needle;
- 1 pack of 5 sterile compresses;
- 1 pipette of Eosin;
- 1 pair of scissors;
- 1 tube of burn cream (moisturizing cream);
- 1 tube of Vaseline or Bepanthene (for irritated parts);
- 5 pipettes of physiological saline (for the eyes).

### Material provided by the organisation:

- a portable GPS with spare batteries (to be returned after the event);
- a roadbook in pdf format;



### 1.10.b: FOR ALL TRAVEL PARTICIPANTS IN ETHIOPIA

#### These materials are to be provided by the runner:

- sleeping bag or down or alu pack;
- headlamp;
- a set of cutlery for meals;
- multi-purpose scarf for wind protection;
- sunscreen;
- sunglasses;
- hat, bandana;
- a warm fleece...
- a warm, waterproof anorak;
- trail running gloves.

# **1.11: MEDICAL CERTIFICATE**

Participation in the TREG® SIMIEN TRAIL, an event in an unusual and extreme environment, requires, in addition to appropriate training, good health at the time of your participation.

A medical certificate less than one year old must be completed by a doctor as well as an ECG (electrocardiogram) or a stress test according to the following rules:

- ECG less than two years old (for all runners under 40 years old and for all local runners, whatever their age);
- Stress test less than three years old for all runners over 40 years of age.

The medical certificate and the ECG (electrocardiogram) must be sent to Isabelle Paucot, last deadline October 15th 2020, by email to **i.paucot@le-treg.com**.

In addition, runners will have to bring in their luggage the originals, or a COMPLETE copy of the documents (ECG / stress test) to present them at the individual medical briefing.

It is important that you start Le **TREG® SIMIENTRAIL** events in perfect physical condition because a latent illness can become much worse in the extreme conditions of the event, making rescue even more difficult. The competitor undertakes to imperatively inform the medical team of any health problem, even benign, that he has encountered.



# **1.12: TECHNICAL AND MEDICAL CHECKS**

The checks will be held the day before the 1st leg at the same time as the 1<sup>st</sup> briefing. Each competitor will have to present to the organization his compulsory equipment, namely his race material and his medical kit.

Any runner who is not in possession of the totality of his obligatory equipment will be immediately disqualified, without any possibility of appeal against this decision and without reimbursement of expenses.

### 1.13: RACE BIBS

The race bib must be worn on the chest or stomach and must always be visible throughout the race. It must always be positioned over any garment and can in no way be attached to the bag or leg. The name and logo of the partners must neither be modified nor hidden.

### 1.14: RUNNERS' BAGS

Each participant brings their own travel bag for personal belongings (clothes, toiletries...) and if need be the bag for the race.

The total weight of your baggage must not exceed 20kg for your main bag and 5 kg for your handbag. It is recommended not to put valuables.

The bags are the responsibility of the participants throughout the duration of the stay.

# **1.15: POSITION CONTROL AND RESCUE POST**

On the course, competitors must pass through checkpoints (PC's) located on the course of each stage.

These control posts will allow the competitors to be supplied with water (within the limit of 3 litres / person) and to be rescued if necessary .



# 1.16: SAFETY AND MEDICAL AID

A medical team specialized in this type of trail running event will be present throughout the event.

The official doctors are entitled disqualify (by invalidating the bib) any competitor unable to continue the race. Rescuers are entitled to evacuate by any means at their disposal runners they deem to be in danger.

If necessary, for reasons in the interests of the person rescued, the organization will use all appropriate means for their evacuation. The costs resulting from the use of these exceptional measures will be borne by the person rescued. They will then be able to present a case to their separate personal accident insurance.

Any competitor calling on a doctor, nurse or rescuer submits to their authority, and agrees to accept their decisions.

The competitor is also clearly informed that in case of extreme fatigue, his behavior and decisions can be strongly altered. He is always responsible for not reaching this state and the organizer cannot be responsible for the consequences of absurd or maladjusted decisions of the competitor.

## 1.17: CLIMATE

Average temperatures in November: 20 °C during the day, 5 °C at night. At altitude during the final stages, temperatures can drop below 0°C.



# **1.18: MAXIMUM AUTHORISED TIME AND TIME BARRIERS**

A maximum time to complete the entire route is set for each stage of Le **TREG**<sup>®</sup> **SIMIEN TRAIL** and will be communicated in the event road book.

These maximum times will be set so that a tough walker can complete each stage.

Deadlines for CP's (time barriers) will also be defined and communicated in the RoadBook.

These time barriers are calculated to allow participants to reach the finish within the maximum time limit, while making any stops (rest, care...). In order to be allowed to continue the event, competitors must depart a CP before the time limit set (regardless of the time of arrival at the CP).

The organiser reserves the right to exceptionally derogate from these rules in the event of a particular situation (delay of a competitor due to assistance given to another competitor, specific race conditions...).

Any competitor who will have abandoned a stage or who will be put out of the race will be repatriated by vehicle or minibus to the finish bivouac of the stage within time limits that the organisation cannot guarantee. He will be given an hourly penalty and will be able to start again on the following stages of Le **TREG® SIMIEN TRAIL**.

In the event of bad weather conditions and/or for safety reasons, the organisation reserves the right to cancel and/or stop the event in progress, or even to modify the time barriers.

### **1.19: RETIREMENT AND REPATRIATION**

Except in the case of injury, a runner must not give up anywhere other than on a CP. He must then inform the person in charge of the Headquarter, who will be in charge of organising his repatriation by vehicle or minibus to the arrival bivouac when possible.

In the event of unfavourable weather conditions justifying the partial or total stoppage of the race, the organisation will ensure the repatriation as soon as possible of the stopped runners.

In the event of an imperative abandonment between 2 CP's due to the physical or mental conditions of the competitor, the competitor (or another competitor helping him) will have to use his mobile phone which will have been configured beforehand to allow him to make or receive calls in Ethiopia.



# 1.20: PENALISATION - DISQUALIFICATION

Controllers on the course are entitled to check the required equipment and, more generally, compliance with the regulations (respect for the sites, ethics, illegal help from supporters, the race bib not constantly visible...).

Any rider who is not in possession, during a course control, all of the required equipment will be immediately disqualified, without any possibility to appeal against this decision.

A minimum penalty of 6 hours is applied to any breach of the rules. The controller informs Race Control and can demand, depending on the severity of the action and the behaviour of the runner, their disqualification. The event jury may disqualify a competitor for any serious breach of the rules, especially if:

- no switch on the tag;
- voluntary switch off the tag;
- no switch on the GPS;
- voluntary swith off the GPS;
- use of a means of transport;
- start from the checkpoint beyond the time limit;
- not turning up at the checkpoints;
- failure to assist a competitor in difficulty;
- personal assistance outside the official refreshment areas;
- non-compliance with the ban to be accompanied on the course;
- pollution or degradation of sites by the competitor or a member of his entourage;
- insults, rudeness or threats made against any member of the organization and any inhabitant of the region;
- refusal to be examined by a doctor of the organization at any time during the event;
- doping or refusal to submit to anti-doping control.

### **1.21: CLAIMS**

Any claim by a competitor must be made in writing and addressed to the attention of the Race Director within 12 hours after the posting of the provisional results.

### **1.22: DOPING CONTROL**

Any competitor may be subject to doping control during or at the arrival of Le **TREG® SIMIENTRAIL**.

The refusal to submit will result in immediate disqualification.



# 1.23: RACE JURY

This comprises:

- the organizer;
- the director of the race;
- coordinator responsible for the safety;
- the head of the medical team;
- checkpoint officials concerned;
- and any competent person at the discretion of the Organizing Committee.

The jury is empowered to act in time consistent with the requirements of the race for all disputes or disqualifications occurred during the test. Decisions are final.

## 1.24: MODIFICATIONS TO THE COURSE OR TO THE TIME LIMITS RACE CANCELLATION

The organization reserves the right to modify at any time the route and location of checkpoints, relief and supply without notice. If too unfavourable weather conditions (storm, snow,...) the start may be postponed for twenty four hours maximum, after which, the race is cancelled.

In case of bad weather, and for safety reasons, the organization reserves the right to cancel and/or stop the current event, or modify the time barriers.

The cancellation, postponement or modifications of the race are eligible for a refund of registration.

Any decision will be taken by a panel comprising at least the race director, organizer and coordinator responsible for the security and any competent person at the discretion of the Organizing Committee.

### **1.25: INSURANCE**

The organiser takes out Civil Liability insurance with an insurance company for the duration of the event. This Civil Liability insurance covers the financial consequences of its liability, that of its employees and participants.

The organiser will provide each runner or accompanying person with a Repatriation and Medical Assistance insurance policy taken out with an organisation such as Mondial Assistance.

The insurance agreement mentioned above will be provided to each competitor on request as soon as his/her registration has been confirmed.



# **1.26: ROADBOOK AND ORIENTATION ON THE COURSE**

A detailed description of the course is provided at the time of registration. It includes practical information such as the hour barriers, checkpoints (places of refreshment, rest, aid stations)... The book will be given in a single copy, only to registrants.

A portable GPS (with spare batteries) will be provided to each runner with the course waypoints integrated which would be best to follow. Training in the use of this GPS will be given on Sunday, November 29<sup>th</sup> 2020. Runners certifie knowing the principles of a trekking GPS use, and commit to be there at the briefing on the bivouac. Runners must mandatory switch on their GPS before the start of the race and commit to not switch off it during the race. The runner commit to not voluntary go out the track of the race. He could be unsecure.

Then, the runners commit to switch on his GPS and do not count on others runners to find their track..

The portable GPS and satellite tag must be handed back to the organizer at the Finish of the race. A security deposit of  $500 \notin$  will be required to ensure good condition of these materials and will be banked if they are not returned at the end of the event.

### **1.27: RANKINGS AND REWARDS**

Only runners crossing the Finish line will be ranked. No bonus money is handed out, all "Finishers" will receive the same specific lot.

An overall Male and Female and a ranking for each class man and woman will be established. The first man and the first woman on each race will receive a trophy and/or lot.

The categories (if there are runners in these) are:

- Hopeful M & F
- Senior M & F
- Master 1 to 10 M & F

The details of the awards can be provided upon request at the time of registration.

Finisher" means all participants in the overall standings at the end of the final stage. The classification of each stage will be made on the basis of the time taken by the competitor to complete the stage.

The general classification will be made by the cumulation of the times achieved on each stage and the winner is the one with the lowest cumulation.

A competitor who does not finish (or who is out of time) will be allowed to start the next stage but will be given the maximum time allowed to complete the stage plus one hour's penalty for each stage not completed.



# **1.28: PICTURE RIGHTS**

By participating in Le **TREG® SIMIEN TRAIL**, each competitor expressly authorizes the organization (or his heirs) to use or cause to use or reproduce or have reproduced his name, image, voice and sporting performance in the race to a direct or derivative form of the test and that, in any medium, worldwide, by any means known or unknown to this day, and the duration of protection currently given to these direct operations or by legislative or regulatory provisions, judicial decisions and/or arbitration of any country as well as the current or future international agreements, including any extensions that could be made at this time.

# 1.29: PERSONAL DATA

The information we are communicating to you is necessary for your participation in Le **TREG**<sup>®</sup> **SIMIENTRAIL** (registration).

They are subject to computer processing and are destined for the Secretariat of the SASTRAIL AFRICA ORGANIZATION and SAS D'UN POINT À L'AUTRE.

Pursuant to Article 34 of Law 78-17 of January 6th 1978 relating to computers, files and liberties, you have the right to access and correct personal data.

If you wish to exercise this right and obtain information about you, please contact:

SAS TRAIL AFRICA ORGANIZATION 5 Avenue Marmontel 92500 RUEIL MALMAISON FRANCE

or SAS D'UN POINT À L'AUTRE. La Gaumerie 24380 GRUN BORDAS FRANCE